

**LLC RC ART
Ekaterinburg, Russia**

**Portable electrostimulator with built-in and external electrodes for
stimulation of BAZ and BAP “DiaDENS-PCM”**

OPERATIONS INSTRUCTIONS

**RC ART 04.0-03.09-01 RE
TU 9444-002-35266303-2005**

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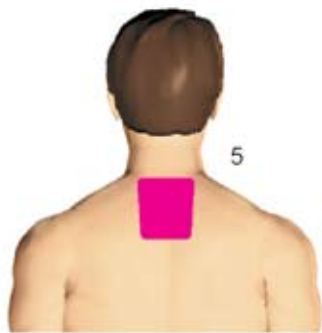
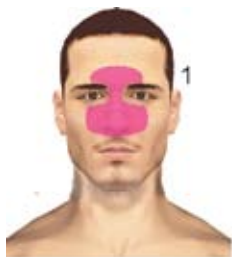
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RESPIRATORY DISEASES

Acute Respiratory Diseases

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Wings of nose and zones around nose 2. Sub-jaw zone 3. Palm surface of the nail-bone of thumbs 4. HE-GU zone	Stable with light compression, moving the apparatus	Comfortable	10-15 minutes for each zone 4-5 times a day until full recovery
Menu → Express → Segmental zone			
5. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Rhinitis			
The same as in direct projection	Stable with light compression, moving the apparatus	Comfortable	10-15 minutes for each zone 4-5 times a day until full recovery



Tracheitis, bronchitis, pneumonia (cough)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Front lungs projection 2. Reverse lungs projection 3. Sub-jaw zone 4. Balls on palms opposite to thumbs	1 and 2 zones – labile, with light compression along the arrows in the picture 3 and 4 zones – stable, moving the apparatus	Comfortable	10-15 minutes for each zone 4-5 times a day during 10-12 days
Menu → Express → Segmental zone			
5. Area between shoulder-blades	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Cough			
The same as in direct projection	Stable with light compression, moving the apparatus	Comfortable	10-15 minutes for each zone 4-5 times a day during 10-12 days



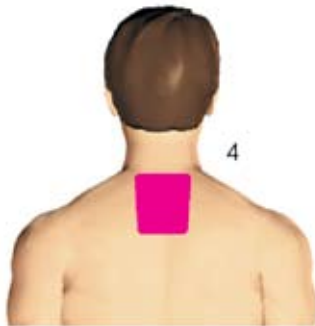
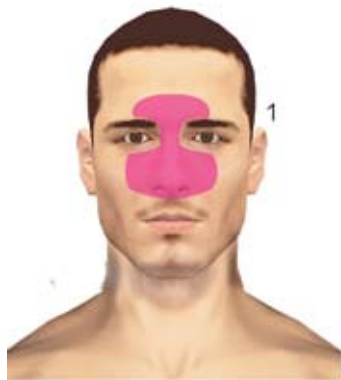
Bronchial asthma (asphyxia)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Front lungs projection 2. Reverse lungs projection 3. Sub-jaw zone 4. Zone of jugular fossa 5. Balls on palms opposite to thumbs	1 and 2 zones – labile, with light compression along the arrows in the picture 3, 4 and 5 zones – stable, moving the apparatus	Comfortable	10-15 minutes for each zone 4-5 times a day alternating, until stop of asphyxia attack. Then treatment course during 10-15 days. Repeat the course after 2 weeks
Menu → Express → Segmental zone			
6. Area between shoulder-blades	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Asphyxia			
The same as in direct projection	1 and 2 ^d zones – labile, with light compression along the arrows in the picture 3, 4 and 5 zones – stable, moving the apparatus	Comfortable	10-15 minutes for each zone 4-5 times a day alternating, until stop of asphyxia attack. Then treatment course during 10-15 days. Repeat the course after 2 weeks



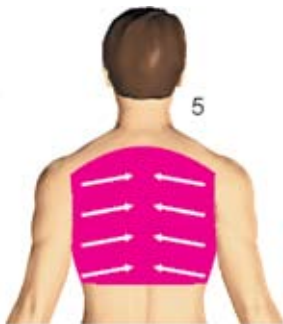
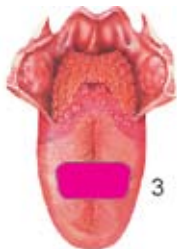
OTORHINOLARYNGOLOGIC DISEASES**Pain, feeling of edema, stuffiness in nose (maxillitis, frontal sinusitis, sinusitis)**

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Nose and projection of maxillary sinuses 2. Palm surface of the nail-bone of thumbs 3. HE-GU zone	Stable with light compression, moving the apparatus	Comfortable	15-20 minutes 4-5 times a day for each zone until full recovery
Menu → Express → Segmental zone			
4. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Rhinitis			
The same as in direct projection	Stable with light compression, moving the apparatus	Comfortable	15-20 minutes 4-5 times a day for each zone until full recovery



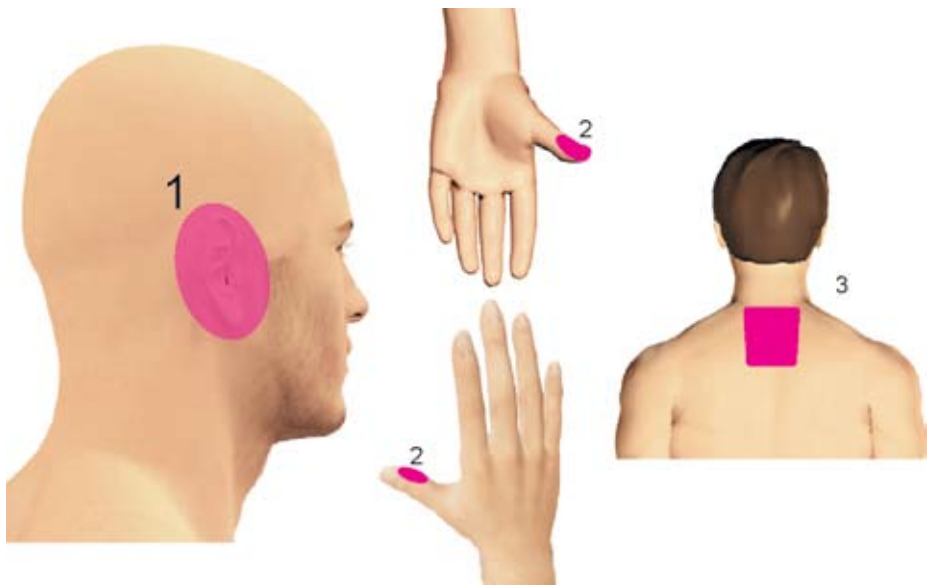
**Pain in the throat, hoarse voice, stuffiness in the nose
(laryngitis, pharyngitis, tonsillitis, cough, quinsy)**

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Sub-jaw zone 2. Zone of jugular fossa 3. Tongue zone 4. Front lungs projection 5. Reverse lungs projection 6. Palm surface of thumbs	1-3 and 6 zones – stable, 4 and 5 zones – labile, with light compression, along the arrows on pictures	Comfortable	15-20 minutes (tongue – during 2-3 minutes) several times a day until recovery
Menu → Express → Segmental zone			
7. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Cough			
The same as in direct projection	1-3 and 6 zones – stable, 4 and 5 zones – labile, with light compression, along the arrows on pictures	Comfortable	15-20 minutes (tongue – during 2-3 minutes) several times a day until recovery



Pain in the ear, hearing impairment (otitis, sensorineural deafness)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Ear and zones around ear 2. Lateral surface of the nail-bone of thumbs	Stable with light compression	Comfortable	Treat each zone for 7-10 minutes, alternating, until pain relief
Menu → Express → Segmental zone			
3. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Symmetrical zone			
The same as in direct projection	Stable with light compression	Comfortable	Treat each zone for 7-10 minutes, alternating, until pain relief

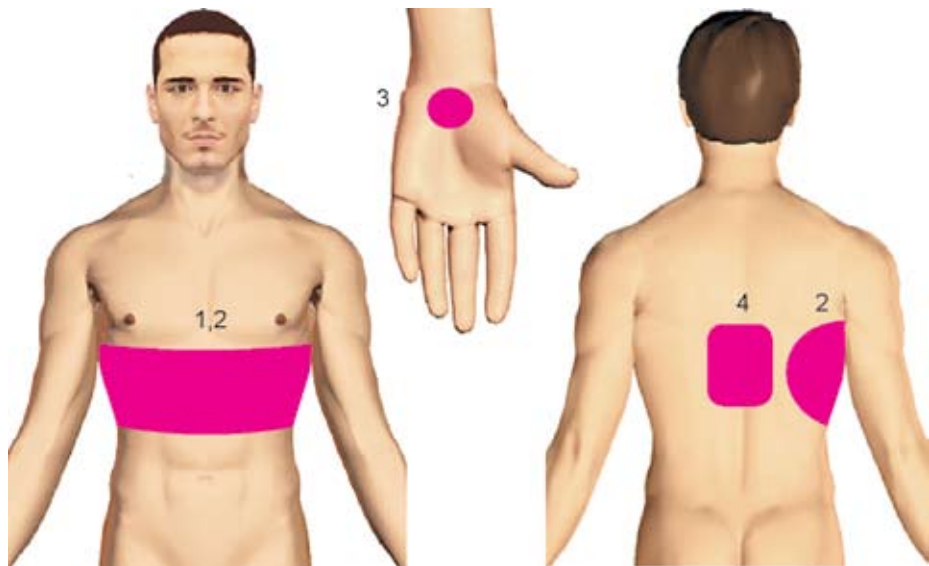


GASTROINTESTINAL DISEASES

Pain in the abdomen, vomiting, nausea, abdominal distension

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Stomach and pancreas projection 2. Liver projection in the right and in the back 3. Corresponding zone of Su-Djok on palms	Stable with light compression, moving the apparatus	Comfortable	5-10 minutes for each zone until symptoms are relieved
Menu → Express → Segmental zone			
4. Zone on the back "opposite" the stomach	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Gastrointestinal diseases (9.4 Hz)*			
The same as in direct projection	Stable with light compression, moving the apparatus	Comfortable	5-10 minutes for each zone until symptoms are relieved

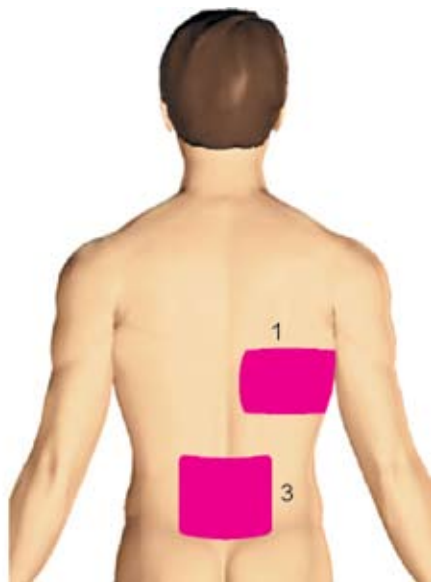
** Frequency most often applied in these cases is set (it is possible to apply other frequencies)*



Constipation

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Liver projection in the right and in the back 2. Zone of front abdominal wall	Labile with light compression. Move the apparatus clockwise along the front abdominal wall	Comfortable	15-20 minutes for each zone, better in the morning
Menu → Express → Segmental zone			
3. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Gastrointestinal diseases (9.4 Hz)*			
The same as in direct projection	Labile with light compression. Move the apparatus clockwise along the front abdominal wall	Comfortable	5-10 minutes until symptoms are relieved

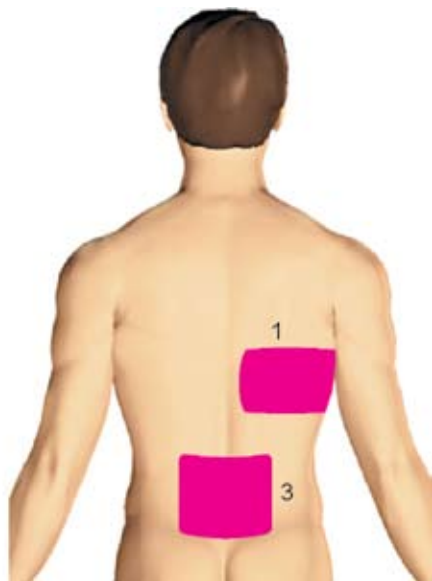
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Diarrhea

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Liver projection in the right and in the back 2. Zone of front abdominal wall	Labile with light compression. Move the apparatus anti-clockwise along the front abdominal wall	Comfortable	15-20 minutes for each zone, with acute diarrhea repeat the procedure several times a day
Menu → Express → Segmental zone			
3. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Gastrointestinal diseases (9.4 Hz)*			
The same as in direct projection	Labile with light compression. Move the apparatus anti-clockwise along the front abdominal wall	Comfortable	5-10 minutes until symptoms are relieved

* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



Hemorrhoids

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Perianal zone 2. Perineum zone 3. Zone in the base of the 3 rd and 4 th fingers on the back surface of hands	Stable, without compression, moving the apparatus	Comfortable	7-10 minutes, alternating zones until complaints are reduced. Treatment course – 7 days
Menu → Express → Segmental zone			
4. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Gastrointestinal diseases (9.4 Hz)*			
The same as in direct projection	Stable, without compression, moving the apparatus clockwise	Comfortable	7-10 minutes, alternating zones until complaints are reduced. Treatment course – 7 days

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MUSCULOSKELETAL DISEASES

Pain in the joints (arthritis, arthrosis)

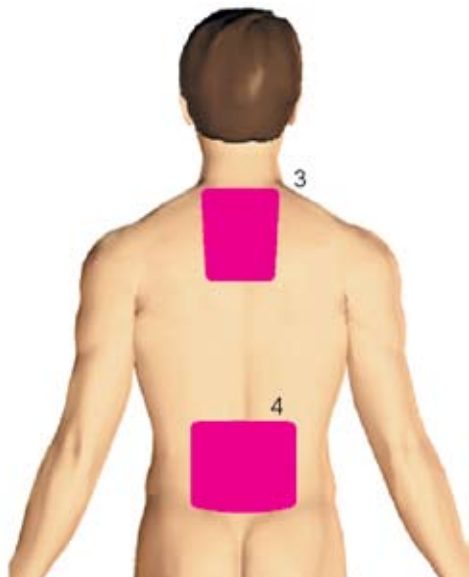
Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of direct projection of the injured joint	Stable, with light compression	Comfortable. With acute pains – sensations are on the border of painful	Treat until pain relief
Menu → Express → Segmental zone			
2. Neck and collar zone – for diseases of upper extremities Lumbosacral zone – for diseases of lower extremities	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Symmetrical zone			
3. The same zone on a healthy joint of the symmetrical extremity	Stable, with light compression	Comfortable	10-15 minutes twice a day
Menu → Express → Pain in joints			
The same as in direct projection	Stable, with light compression	Comfortable. With acute pains – sensations are on the border of painful	Treat until pain relief



Pain in the neck and back (spinal osteochondrosis, diskogenic radiculopathy, carriage disorders, lumbodynia, lumbosacral radiculitis)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Back surface of the neck 2. Projection of the pain in the neck	Stable, with light compression	Comfortable. With acute pains – sensations are on the border of painful	Treat zone of pain until elimination of the complaint
Menu → Express → Segmental zone			
3. Neck and collar zone 4. Lumbosacral zone	With help of applicator	Comfortable	7-10 minutes twice a day
Menu → Express → Pain in the back (9.6 Hz)*			
The same as in direct projection	1 and 2 zones – labile, with light compression, 3-4 zones – stable, with light compression	Comfortable. With acute pains – sensations are on the border of painful	Treat zone of pain until elimination of the complaint

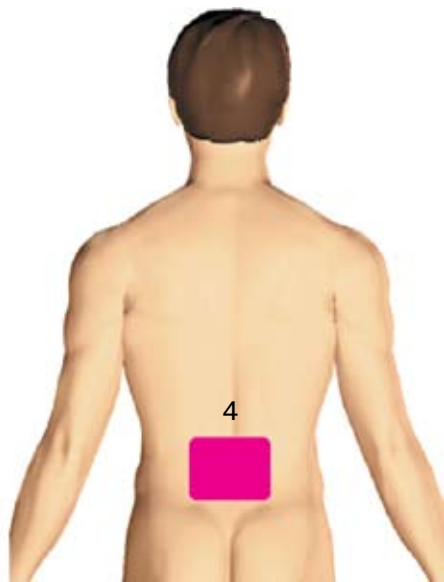
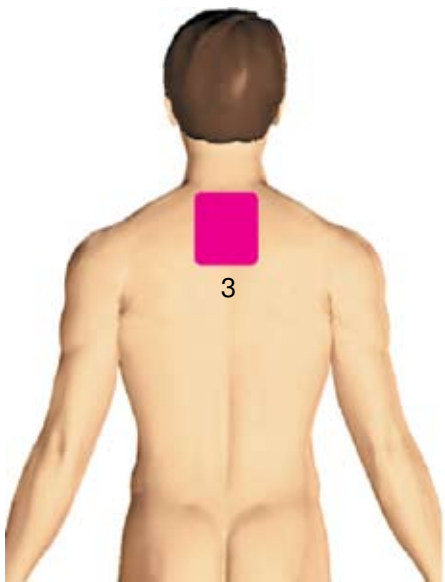
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TRAUMAS, SPORT MEDICINE

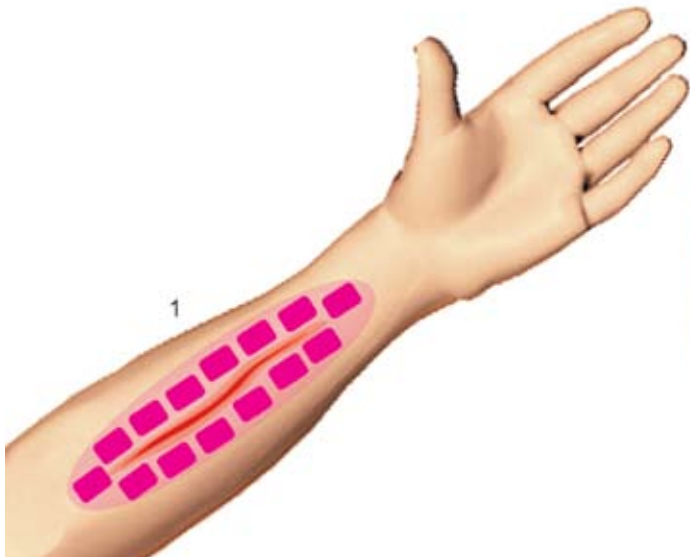
Injury, sprain, ligamentous, tendon and muscle microdisruptions, dislocations of joint, meniscus injuries, bones fractures

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of direct projection of trauma, pain, incipient edema	Stable, moving the apparatus	Comfortable	Treat until pain relief
Menu → Express → Segmental zone			
2. Segmental zone in the back "opposite" the place of trauma 3. Neck and collar zone – for injuries of upper extremities Lumbosacral zone – for injuries of lower extremities	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Trauma			
The same as in direct projection	Stable	Comfortable	Treat until pain relief



Wounds

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Skin around the wound	Stable, moving the apparatus	Comfortable	Treat during 15-20 minutes until pain relief
Menu → Express → Segmental zone			
2. Neck and collar zone – for injuries of upper extremities 3. Lumbosacral zone – for injuries of lower extremities	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Trauma			
The same as in direct projection	Stable	Comfortable	Treat during 15-20 minutes until pain relief



Burns

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of the burn 2. Skin around the wound – if there is a wound	Stable, slightly touching with the apparatus	Comfortable	Treat until pain relief
Menu → Express → Segmental zone			
3. Segmental zone in the back corresponding to the burned skin 4. Neck and collar zone – for injuries of upper extremities 5. Lumbosacral zone – for injuries of lower extremities	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Trauma			
The same as in direct projection	Stable, slightly touching with the apparatus	Comfortable	Treat until pain relief

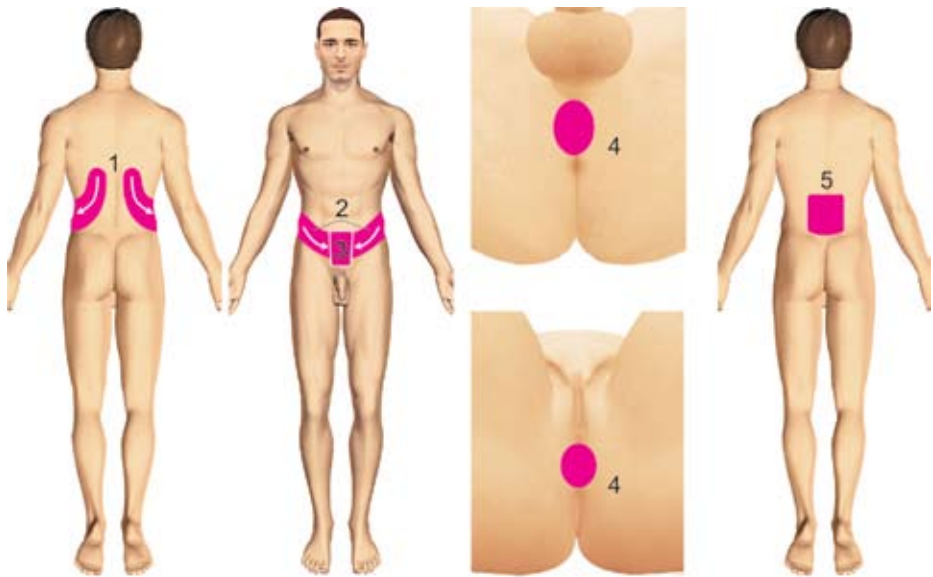


RENAL AND URINARY TRACKS DISEASES

Pain in the loins, pollakiuria and painful urination (pyelonephritis, urolithiasis, glomerulonephritis, cystitis, urethritis)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of direct projection of kidneys 2. Zone of direct projection of the ureters 3. Zone of direct projection of the urinary bladder 4. Zone of perineum	1-3 zones – labile, with light compression; 4 zone – stable, with light compression	Comfortable	Treat each zone during 7-10 minutes, alternating, until pain relief
Menu → Express → Segmental zone			
5. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Urination disorder (8.1 Hz)*			
The same as in direct projection	1-3 zones – labile, with light compression; 3 zone – stable, with light compression	Comfortable	Treat each zone during 7-10 minutes, alternating, until pain relief

* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



GYNECOLOGICAL DISEASES AND MAMMARY DISEASES

Menstrual irregularities

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Suprapubic zone 2. Zone of perineum	Stable, with light compression	Comfortable	Treat each zone during 10-15 minutes, alternating. Treatment course – 10-12 days
Menu → Express → Segmental zone			
3. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Menstrual irregularities (4.0 Hz)*			
The same as in direct projection	Stable, with light compression	Comfortable	Treat each zone during 10-15 minutes, alternating. Treatment course – 10-12 days

* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



Pain in the underbelly (inflammatory and other diseases of female genital organs)

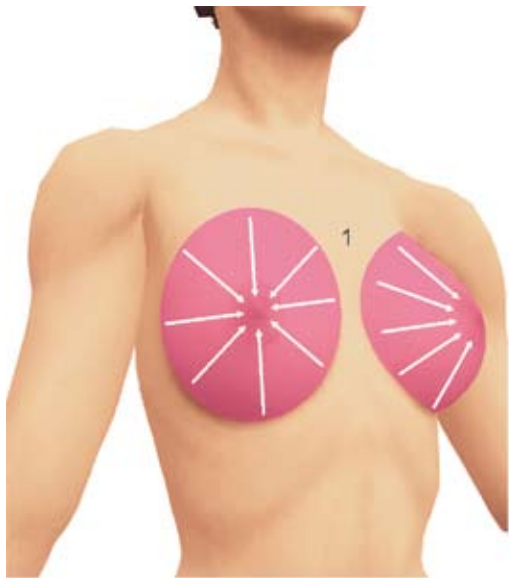
Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Suprapubic zone 2. Zone of perineum 3. Zone between 3 rd and 4 th fingers on the palm surface	Stable, with light compression	Comfortable	Treat each zone during 5-7 minutes, alternating. Until pain relief
Menu → Express → Segmental zone			
4. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Gynecological pains (9.4 Hz)*			
The same as in direct projection	Stable, with light compression	Comfortable	Treat each zone during 5-7 minutes, alternating. Until pain relief

** Frequency most often applied in these cases is set (it is possible to apply other frequencies)*



Hypogalactia, lactostasis

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of direct projection of mammary glands	Stable, with light compression, moving the apparatus along the arrows on the picture	Comfortable	During 10-15 minutes before breast-feeding
Menu → Express → Segmental zone			
2. Zone of segmental ring on the level of mammary glands	With help of applicator	Comfortable	7-10 minutes twice a day

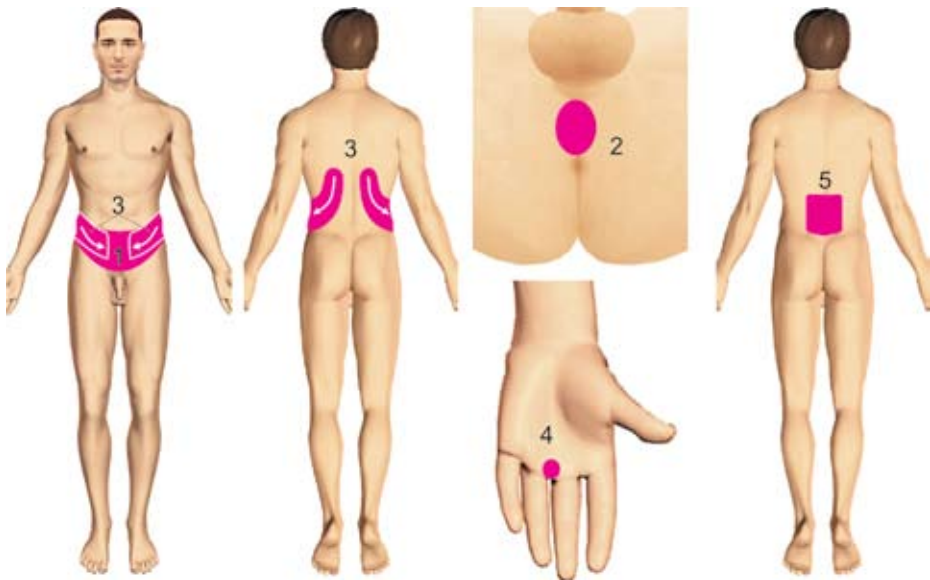


DISEASES OF MALE ORGANS

Pain in the underbelly, in the zone of externalia (prostatitis, urethritis, orchitis, orchiepididymitis)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Suprapubic zone and inguinal regions 2. Zone of perineum 3. Zone of direct projection of kidneys, ureters 4. Zone between 3 rd and 4 th fingers on the palm surface	1, 2, 4 zones – stable, with light compression; 3 zone – labile, moving the apparatus as shown on the picture	Comfortable	Treat each zone, alternating, during 10-15 minutes, until pain relief
Menu → Express → Segmental zone			
5. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Potency disorders (9.4 Hz)*			
The same as in direct projection	1, 2, 4 zones – stable, with light compression; 3 zone – labile, moving the apparatus as shown on the picture	Comfortable	Treat each zone, alternating, during 10-15 minutes, until pain relief

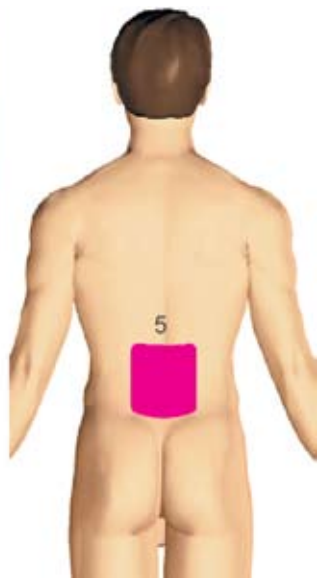
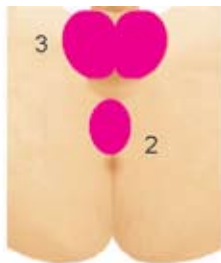
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Sexual function disorders

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Suprapubic zone and inguinal regions 2. Zone of perineum 3. Zone of scrotum 4. Zone between 3 rd and 4 th fingers on the palm surface	Stable, with light compression	Comfortable	Treat during 5-7 minutes, alternating the zones. Treatment course – 10-12 days
Menu → Express → Segmental zone			
5. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Potency disorders (9.4)*			
The same as in direct projection	Stable, with light compression	Comfortable	Treat during 5-7 minutes, alternating the zones. Treatment course – 10-12 days

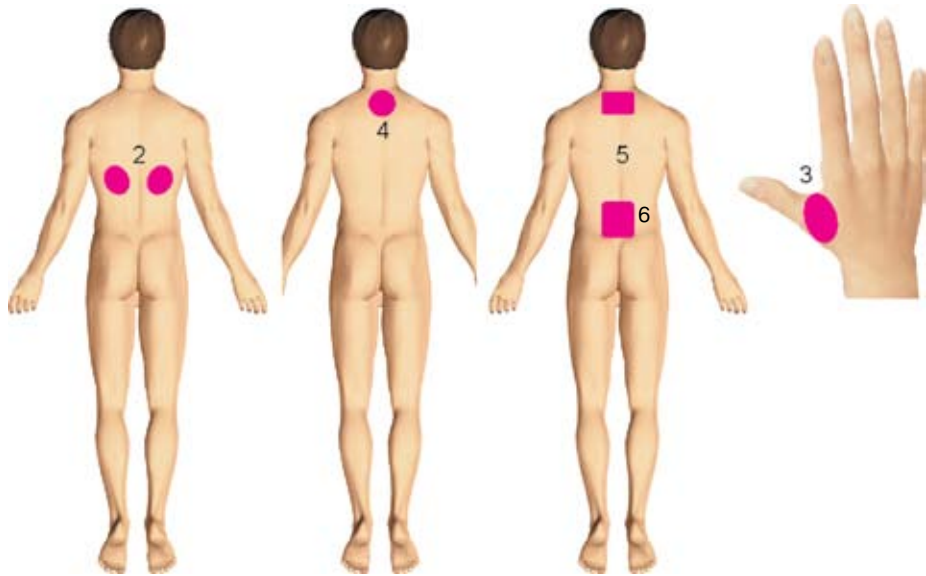
* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



SKIN DISEASES AND COSMETOLOGY

Rash, spots, abscesses on skin, skin itch (pyoderma, psoriasis, allergy, neuro-dermatitis, eczema, pyodermatites, dermatomycoses and other skin diseases)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Limited affected skin areas no larger than patient's 2 palms during one procedure 2. Zone of direct projection of adrenal glands 3. HE-GU zone 4. Zone of projection of the 7 th cervical vertebra	Stable, without compression, moving the apparatus	Comfortable	Treat areas of affected skin during 10-15 minutes; 3 and 4 zones 3-5 minutes for each
Menu → Express → Segmental zone			
5. Neck and collar zone – for injuries of the skin of arms. 6. Lumbosacral zone – for injuries of the skin of legs. Area of the back “opposite” the maximum affected zone of the skin of the body	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Allergy			
The same as in direct projection	Stable, without compression, moving the apparatus clockwise	Comfortable	Treat areas of affected skin during 10-15 minutes; 3 and 4 zones 3-5 minutes for each



Face care

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Point of beauty 2. Face skin along cosmetic lines 3. Sub-jaw zone – for double chin	Stable, with light compression, moving the apparatus	Comfortable	Treat each zone during 2-3 minutes
Menu → Express → Segmental zone			
4. Neck and collar zone	With help of applicator	Comfortable	7-10 minutes twice a day



Cellulites, obesity

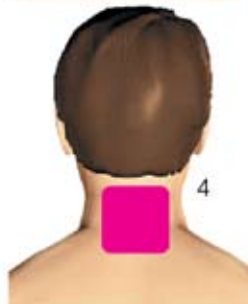
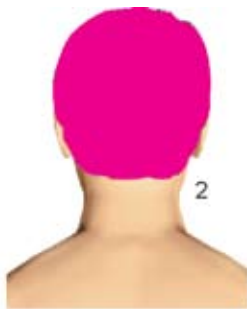
Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of belly 2. Zone of buttocks 3. Zone of hips 4. Point of appetite suppression 5. Zone of direct projection of the liver and intestine	Stable, with light compression, moving the apparatus	Over the sensation barrier, not achieving the pain barrier	Treat each zone during 3-5 minutes. 1 treatment course – 10-12 days. During 1 course treat one selected zone of cellulites
Menu → Express → Segmental zone			
6. Lumbosacral zone	With help of applicator	Comfortable	7-10 minutes twice a day



NERVOUS DISEASES**Headache (migraine, vascular and other cerebral diseases)**

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of the 2 nd cervical vertebra 2. Pilary area of the head 3. Nail bones of fingers	Stable, with light compression	Comfortable	Treat each zone, alternating, during 7-10 minutes, until pain relief
Menu → Express → Segmental zone			
4. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Headache (9.0 Hz)*			
The same as in direct projection	Stable, with light compression	Comfortable	Treat each zone, alternating, during 7-10 minutes, until pain relief

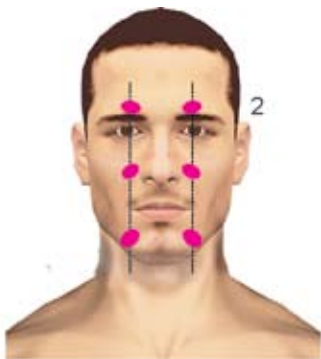
* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



Pain in the face (trifacial neuralgia)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone under earlap 2. Places of projection of branches of trifacial nerve on the face 3. Palm surface of the nail bone of thumbs	Stable, slightly touching with the apparatus	Comfortable. With acute pains – sensations are on the border of painful	Treat each zone, alternating, during 10-15 minutes, until pain relief
Menu → Express → Segmental zone			
4. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Headache (9.0 Hz)*			
The same as in direct projection	Stable, slightly touching with the apparatus	Comfortable. With acute pains – sensations are on the border of painful	Treat each zone, alternating, during 10-15 minutes, until pain relief

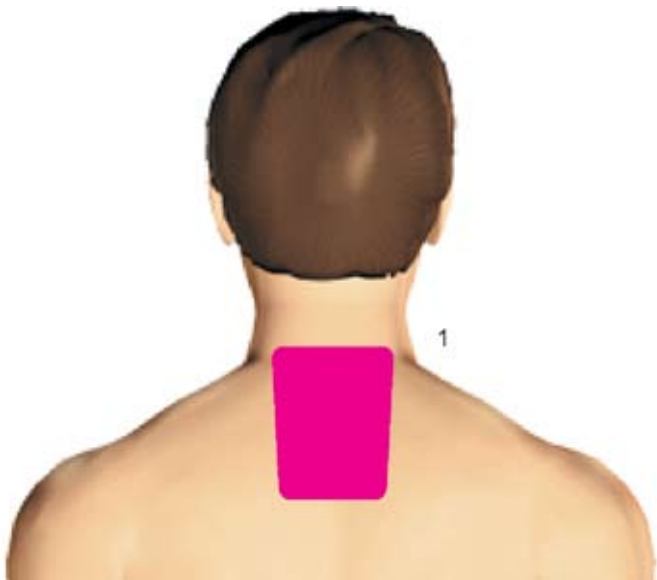
* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



Neuroses, neurosis-like states, logoneurosis (stammering), anxiety

Menu → Express → Segmental zone			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Vegeto-vascular dystonia (2.5 Hz)*			
The same as in direct projection	Stable, slightly touching with the apparatus	Comfortable. With acute pains in the face – sensations are on the border of painful	Treat each zone, alternating, during 10-15 minutes, until pain relief

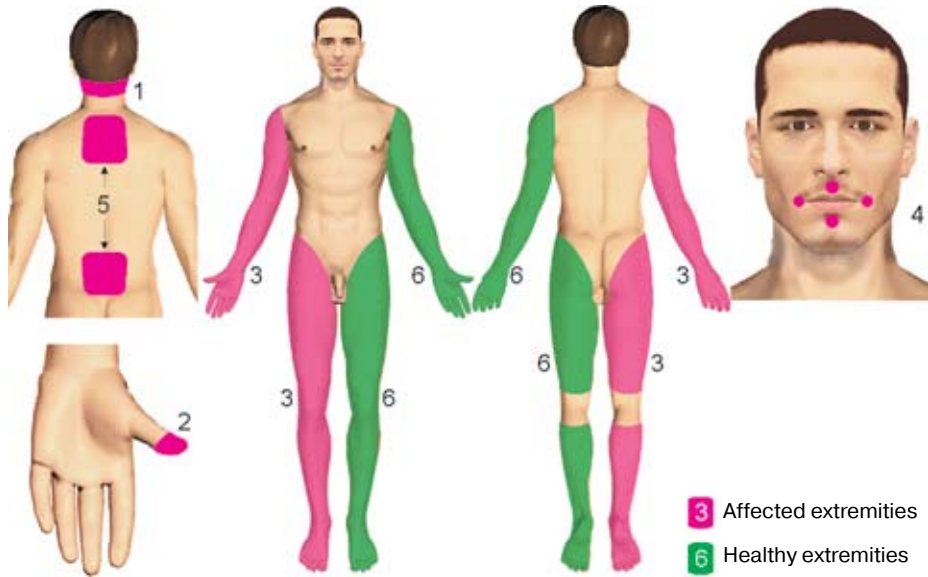
* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



Postinsult states, paralysis, after-effects of craniocerebral injuries and infections of the central nervous system

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLI-CATION	PATIENT'S SENSATION	DURATION OF TREAT-MENT COURSE
1. Zone of the 2 nd cervical vertebra and inions 2. Palm surface of the nail bone of affected fingers 3. Extremities – with motor sensitive disorders (the picture shows an example of the right-side affection) 4. Zone of the tongue and language zones – with speech disturbances	Labile, slightly touching with the apparatus	Comfortable	Treat each zone, alternating, during 10-15 minutes. Repeat the procedure twice a day during 12-15 days
Menu → Express → Segmental zone			
5. Neck and collar zone – with upper extremities affected Lumbosacral zone – with lower extremities affected	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Symmetrical zone			
6. Healthy extremities (with one-sided affection)	Labile	Comfortable	10-15 minutes every second day, alternating the zones
Menu → Express → Headache (9.0 Hz)*			
The same as in direct projection	Labile, with light compression	Comfortable. With acute pains – sensations are on the border of painful	Treat each zone, alternating, during 10-15 minutes. Repeat the procedure twice a day during 12-15 days

* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



CARDIOVASCULAR DISEASES

Pain in the zone of the heart (cardialgia, myocardiodystrophy, coronary heart disease)

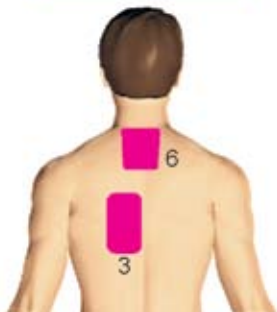
Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of lateral heart projection 2. Zone of the back heart projection 3. Balls on palms opposite to affected fingers	Stable, with light compression, moving the apparatus	Increased	7-10 minutes for each zone until complaint is reduced
Menu → Express → Segmental zone			
4. Area between shoulder-blades	With help of applicator	Comfortable	10-15 minutes twice a day



Arterial hypertension (essential hypertension)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of the 2 nd cervical vertebra and inions 2. Zone of lateral heart projection 3. Zone of the back heart projection 4. Thumbs 5. Front surface of the arm lower third from both sides	Stable, with light compression	Comfortable. With acute pains – sensations are on the border of painful	3-5 minutes for each zone, alternating, until improvement of the state of health
Menu → Express → Segmental zone			
6. Neck and collar zone	With help of applicator	Minimal (without sensations)	10-15 minutes twice a day
Menu → Express → Hypertension (9.2 Hz)*			
The same as in direct projection	Stable, with light compression	Comfortable. With acute pains – sensations are on the border of painful	3-5 minutes for each zone, alternating, until improvement of the state of health

* Frequency most often applied in these cases is set (it is possible to apply other frequencies)



Pain in legs, intermittent claudication, diabetic angiopathy, vibration disease, Raynaud's disease (peripheral arteries diseases)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Shins and feet	Labile, with light compression downward to tiptoes	Comfortable	15-20 minutes until pain relief. Treatment course – 3-4 weeks
Menu → Express → Segmental zone			
2. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Symmetrical zone			
3. Under one-sided pain – zone of the shin and feet on a healthy leg	Labile, with light compression downward to tiptoes	Comfortable	10-12 minutes. Treatment course – 3-4 weeks



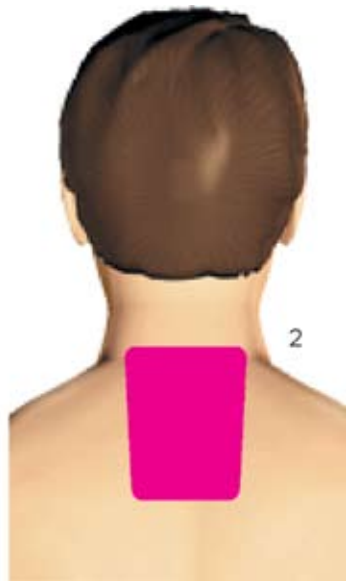
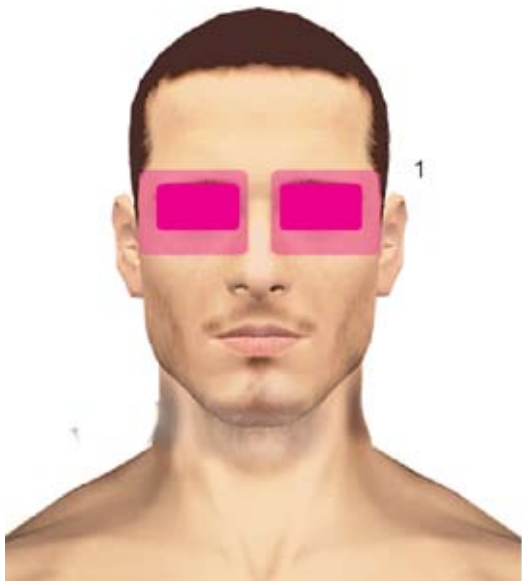
Pain in legs, intermittent claudication, edemas, diabetic angiopathy, vibration disease, Raynaud's disease (peripheral arteries diseases)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of shins and feet	Stable, with light compression, moving the apparatus upward	Comfortable	15-20 minutes from each side twice a day
Menu → Express → Segmental zone			
2. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day
Menu → Express → Symmetrical zone			
3. Under one-sided pain – zone of the shin and feet on a healthy leg	Stable, with light compression, moving the apparatus upward	Comfortable	15-20 minutes twice a day



EYE DISEASES**Eye strain**

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of eyes and paraorbital zones	Stable, with light compression, moving the apparatus	Comfortable	Treat during 10-15 minutes once a day. Treatment course – 2-3 weeks
Menu → Express → Segmental zone			
2. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day



Refraction disorders (spasm of accommodation, myopia, hyperopia, astigmatism), glaucoma, cataract, inflammatory diseases of the eyes

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of eyes and paraorbital zones 2. Zone of temporal region 3. Zone of direct projection of kidneys and ureters, urinal bladder – for glaucoma	Stable, with light compression, moving the apparatus	At the sensation barrier	Treat during 7-10 minutes, alternating
Menu → Express → Segmental zone			
4. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day



DISEASES OF THE MUCOUS MEMBRANE OF THE MOUTH AND TOOTH- AND-JAW SYSTEM

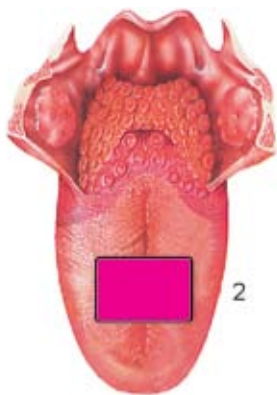
Toothache

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Skin projection of the bad tooth 2. Palm surface of the nail bone of thumbs	Stable, with light compression, moving the apparatus	At the sensation barrier, with acute pain – not achieving the pain barrier	Treat until improvement
Menu → Express → Segmental zone			
3. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day



Stomatitis, periodontitis, parodontosis

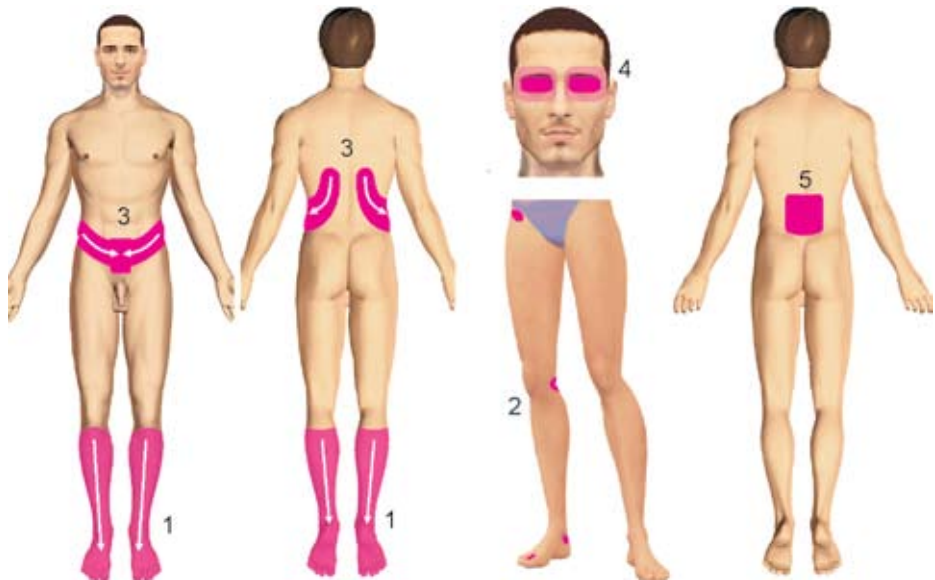
Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Skin projection of the mouth mucous membrane 2. Zone of the tongue 3. HE-GU point 4. Direct projection of adrenal glands	Stable, with light compression, moving the apparatus	At the sensation barrier, with acute pain – not achieving the pain barrier.	Treat each zone during 5-7 minutes, alternating. Treatment course – 10-12 days
Menu → Express → Segmental zone			
5. Neck and collar zone	With help of applicator	Comfortable	7-10 minutes twice a day



ENDOCRINE DISEASES

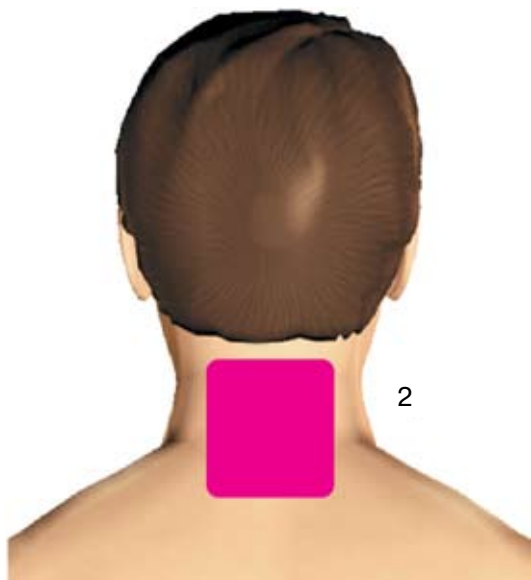
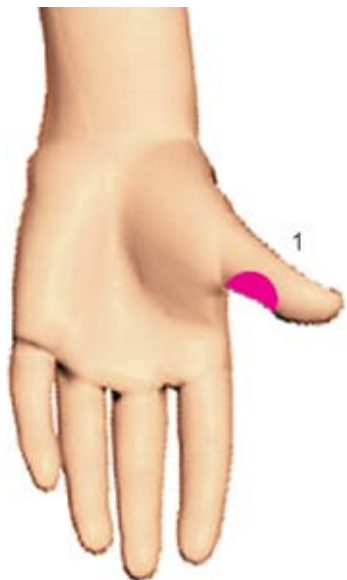
Pancreatic diabetes

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of lower extremities (from knees to tiptoes) – with diabetic angiopathy and neuropathy 2. Points of 'pulse disappearance' 3. Zone of direct projection of kidneys, ureters, urinal bladder 4. Zone of eyes and paraorbital zones with visual impairment	Labile, with light compression	Comfortable	Treat 2-3 zones during the procedure, alternating. 2 procedures a day
Menu → Express → Segmental zone			
5. Lumbosacral zone	With help of applicator	Comfortable	10-15 minutes twice a day



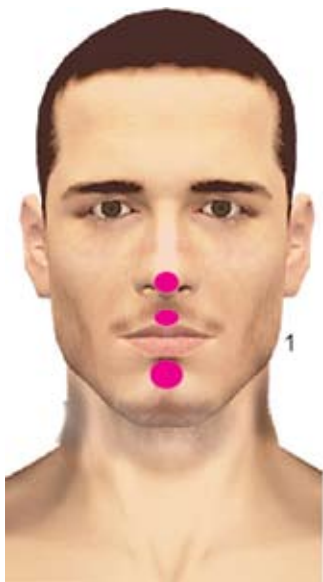
Thyroid gland diseases

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Palm surface of the first phalanx of thumbs	Stable	Comfortable	Treat during 5-7 minutes on both hands
Menu → Express → Segmental zone			
2. Neck and collar zone	With help of applicator	Comfortable	10-15 minutes twice a day



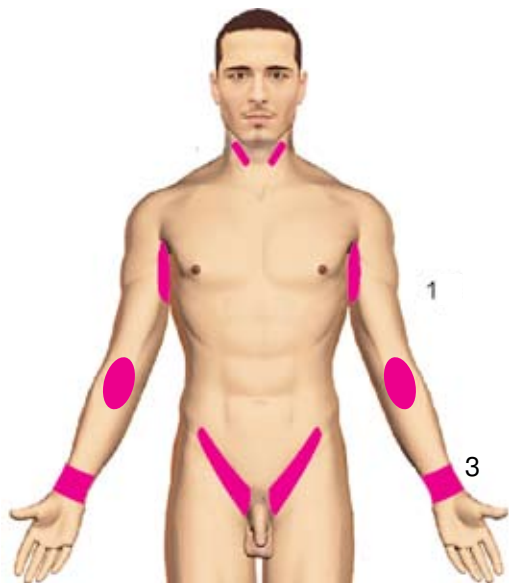
SOME EMERGENCY STATES
The patient is unconscious (indefinite situation)

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zones of reanimation of the face 2. Zone of direct projection of the heart in the front	Stable	At maximal energy level	0.5-1 minute for each zone, alternating, until recovery
Menu → Express → Segmental zone			
3. Zone on the back between shoulder-blades	With help of applicator	Comfortable	Until the patient recovers



Fever (high temperature)

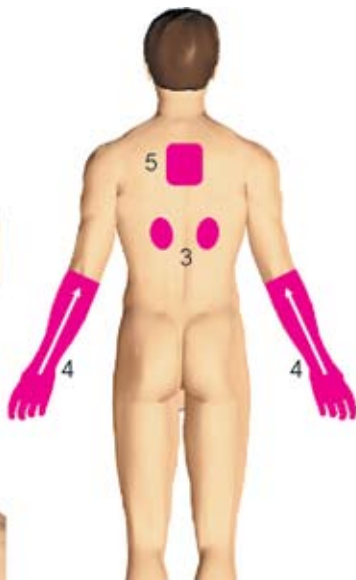
Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zones of direct projection of carotid arteries, brachial arteries, femoral arteries 2. Forehead and temporal regions 3. Wrists ("bracelet" zone)	Stable	Comfortable	20-30 seconds from each side, alternating zones, until improvement of the state of health
Menu → Express → Segmental zone			
4. Neck and collar zone	With help of applicator	Comfortable	Until improvement of the state of health



EN

Shock

Menu → Express → Direct Projection			
RECOMMENDED ZONES OF TREATMENT	METHOD OF APPLICATION	PATIENT'S SENSATION	DURATION OF TREATMENT COURSE
1. Zone of the 2 nd cervical vertebra and inions 2. Zones of direct projection of carotid arteries 3. Zone of direct projection of adrenal glands 4. Zone of forearms and hands	Stable	At maximal energy level	2-3 minutes from each side, alternating zones, until improvement of the state of health
Menu → Express → Segmental zone			
5. Zone between shoulder-blades	With help of applicator	Comfortable	Until improvement of the state of health



**Indications for application of frequencies of infra-low range
under individual diseases**

No.	Disease, symptom or syndrome	Frequency, Hz
1	Adnexitis	9.4
2	Allergy	3.8; 9.6; 8.1; 1.7
3	Arthrites-arthroses external	1.2; 9.2; 9.6
4	Insomnia	2.5 or 8.5
5	Obstructive bronchitis	9.4
6	Varicosity	2.5
7	Vegetative disorders	2.5
8	Inflammation	3.6
9	Hemorrhoids	2.6; 3.8; 4.0
10	Essential hypertension	3.3; 6.0; 9.2; 9.5
11	Headaches	9.0
12	Headache with chronic meningitis, arachnoiditis	4.9
13	Headache with diseases of sinuses of nose (sinusogenous)	2.5
14	Vascular headache (under Vegeto-vascular dystonia)	5.5; 9.5

15	Headache caused by cervical spine affection (vertebro-basilar deficiency)	9.6
16	Dermatitis (neurodermatosis)	1.7; 2.6; 9.2; 9.4
17	Impotence	2.6; 4.0; 4.9
18	Hemorrhage, contusion, traumas	2.5
19	Rhinitis	2.9
20	Trifacial neuralgia	7.5
21	Pancreatitis	4.0
22	Fractures	8.6
23	Spinal pains on the background of osteochondrosis or osteochondropathy	9.6
24	Prostatitis	9.4
25	Pneumonia	9.4
26	Parodontosis	1.7; 2.5; 9.5
27	Sinusitis	2.5
28	Injuries	2.5
29	Fatigue	2.2
30	Duodenal ulcer	8.6
31	Gastric ulcer	9.4

